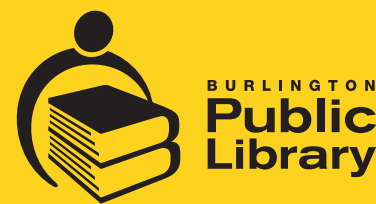


GUIDE

OCT 2024
ADULTS



Arts & Literature

Afternoon at the Movies | Tuesdays | 2-4pm | CENTRAL

Oct 1 - Lion

Oct 8 - A Walk in the Woods

Oct 15 - The Public

Oct 22 - The Cuban

Oct 29 - Cafe Society

R Invisible Prisons

Multi-award-winning author Lisa Moore discusses her riveting non-fiction book with bestselling author Stephen Brunt.

Tue Oct 1 | 7-8pm | CENTRAL

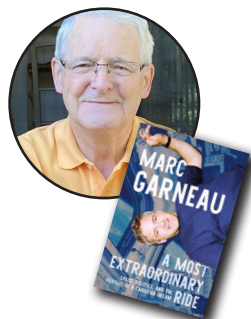


R An Afternoon with Marc Garneau

In his memoir, *A Most Extraordinary Ride*, astronaut and politician Marc Garneau chronicles his journey to becoming one of Canada's most distinguished citizens. A special offsite BPL event in partnership with A Different Drummer Books.

Sat Oct 5 | 2-3pm

PORT NELSON UNITED CHURCH



R An Evening of Flute Music & Meditation

Relax and unwind with the soothing sounds of the Bansuri.

Tue Oct 8 | 7-8pm | NEW APPLEBY

R BPL Book Club

Discover new books and make friends! bpl.on.ca/bookclub

Tue Oct 15 | 1-2pm | ALDERSHOT

Tue Oct 15 | 7-8pm | BRANT HILLS

Wed Oct 16 | 11am-12pm | CENTRAL

Thu Oct 17 | 7-8pm | TANSLEY WOODS

Mon Oct 21 | 1:30-2:30pm | NEW APPLEBY

Mon Oct 28 | 7-8pm | ALTON

Wed Oct 30 | 7-8pm | ALDERSHOT

R Library Book Club

Come and celebrate Ontario Public Library Week with us at our special edition book club!

Tue Oct 22 | 2-3pm | ALTON

Thu Oct 24 | 2-3pm | ALDERSHOT

Lifestyle & Education

R Just Walk

Get out, get active, and enjoy all the benefits that come from walking! An informative wellness presentation followed by a healthy walk and lively conversation.

Wed Oct 2 | 10-11am | TANSLEY WOODS

Mon Oct 21 | 10-11am | CENTRAL

Just Breathe Drop-in

Practice present moment awareness and self-acceptance.

Thursdays, Oct 3-31 | 10-11am | CENTRAL

R Sit to be Fit

Increase your strength, balance, flexibility and endurance.

Tuesdays, Oct 15-29 | 9:30-10:15am | NEW APPLEBY

Thursdays, Oct 3-31 | 1-1:45pm | TANSLEY WOODS

Mondays, Oct 7, 21 & 28 | 11:15am-12:15pm | TANSLEY WOODS

R Dementia-Friendly Tech Club

A hands-on tech class for those living with dementia.

Thursdays, Sep 26-Nov 21 | 1:30-4:30pm | CENTRAL

R Advanced Care Planning Workshop

Communicate your wishes and preferences for care.

Thu Oct 3 | 5-7pm | BRANT HILLS

Thu Oct 17 | 2:30-4:30pm | TANSLEY WOODS

R Chair Yoga

Exercise your body and mind. No mat required. Ages 18+

Saturdays, Oct 5 & 26 | 1:30-2:30pm | NEW APPLEBY

Tuesday Oct 8 | 1:30-2:30pm | ALDERSHOT

R Family History & Genealogy Basics

An intro to online resources for genealogy beginners.

Mon Oct 7 | 1:30-2:30pm | BRANT HILLS

Newcomer Conversation Circle

Improve your English and build social connections.

Mondays, Oct 7-Dec 16 | 6:30-7:30pm | ALTON

R Intro to Burlington Digital Archive

Learn how you can search for, view, and download historical images, maps, clippings, scrapbooks and more.

Tue Oct 8 | 1:30-2:30pm | NEW APPLEBY

R = Registration required

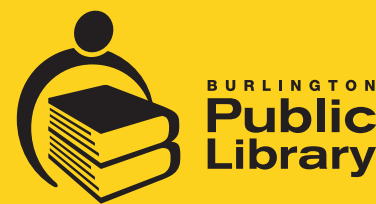
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GUIDE

OCT 2024 ADULTS



> Lifestyle & Education continued

R Computer Classes | All at CENTRAL
MS Word I - Tue Oct 8 | 2-3:30pm
MS Word II - Tue Oct 15 | 2-3:30pm
MS Word III - Tue Oct 22 | 2-3:30pm

R Managing Finances in Retirement
Gain practical tips to help you manage throughout retirement.
Thu Oct 10 | 2-3pm | ALDRSHOT

R Canadian Citizenship Test: Get Ready
Practice taking the test and learn about citizenship.
Thu Oct 10 | 5:30-7:30pm | TANSLEY WOODS

R Mindfulness in Bereavement
An introduction to promoting resilience while grieving.
Tue Oct 15 | 6:30-7:30pm | CENTRAL

H.O.B. Maker Meetup
Connect with other local makers and get inspired!
Tue Oct 15 | 7-8:30pm | CENTRAL

R Intro to eBooks
Download FREE digital books with your library card.
Wed Oct 16 | 1-2pm | NEW APPLEBY

R iPad Boot Camp
Feel more confident using your Apple iPad.
Fridays, Oct 18 & 25 | 12-1:30pm | TANSLEY WOODS
Wednesdays, Oct 23 & 30 | 1-2:30pm | NEW APPLEBY

R Chinese Tea Essentials
Discover the ancient art and science behind Chinese tea.
Sat Oct 19 | 2-3:15pm | TANSLEY WOODS

R How to Keep a Healthy Brain
Achieve brain health at any age.
Mon Oct 21 | 1:30-2:30pm | CENTRAL

R Live Stronger for Longer
Get practical tips on how you can live a healthier life.
Tue Oct 22 | 7-8pm | VIRTUAL

R ADHD & You
Explore neurodiversity and learn to thrive with ADHD.
Wed Oct 23 | 1:30-2:30pm | TANSLEY WOODS

Halloween MakerSpace Showcase

Make boo-tifully scary stuff with our MakerSpace equipment.
Wed Oct 23 | 6-8:30pm | CENTRAL

R MakerSpace Programs | All at CENTRAL
Intro to Laser Cutting - Sat Oct 26 | 3-4pm
Intro to Embroidery - Tue Oct 29 | 7-8:30pm
3D Design with Tinkercad - Wed Oct 30 | 7-8:30pm

R Optimizing Wi-Fi Internet & Online Security at Home
A Tech Talk with Chris Bint.
Mon Oct 28 | 12:30-1:30pm | VIRTUAL

R Intro to eResources
Stream movies, listen to music, and research online.
Tue Oct 29 | 1:30-2:30pm | ALTON

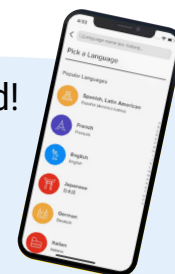
R Navigating the Storm
All about the brain/body connection for mental well-being.
Tue Oct 29 | 1:30-2:30pm | CENTRAL

FREE...with your library card!



Mango Languages includes online language learning courses in over 70 languages, and English lessons in 20 languages.

Learn more at bpl.on.ca/resources/learn



OPEN HOURS

ALDRSHOT, ALTON, BRANT HILLS & NEW APPLEBY
Mon - Thu | 9am - 9pm
Fri & Sat | 9am - 5pm
Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS
Mon - Thu | 9am - 9pm
Fri - Sun | 9am - 5pm

KILBRIDE
Tue & Thu | 5pm - 8pm
Sat | 9am - 2pm

Program calendar
and registration



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GUIDE

OCT 2024
KIDS & TEENS



BURLINGTON
Public
Library

Arts & Literature

Relax, Listen & Draw Drop-In

Sit back and relax as a librarian reads aloud some great stories geared to kids in grades 1-3. Guess what will happen in the story and find out if you're right!

Thu Oct 3 | 6-6:45pm | TANSLEY WOODS

Mon Oct 7 | 6-6:45pm | ALTON

Saturdays, Oct 12 & 26 | 2-3pm | CENTRAL

R Make Your Own Collage!

Create a masterpiece using colourful plants and animals. A hands-on workshop for kids ages 6 to 12 with a caregiver.

Sat Oct 5 | 2-2:45pm | CENTRAL

Sun Oct 6 | 2-2:45pm | TANSLEY WOODS

R Plotting 101

An interactive workshop for young writers with author Jennifer Mook-Sang. Bring your imagination and curiosity!

Sat Oct 12 | 1:30-3pm | ALTON

R Make Your Own Mini-Zine!

Learn how to cut and fold paper to create a mini-zine you can copy and share with your friends. Ages 12+

Sat Oct 12 | 2-3:30pm | ALTON

R Grade 4 to 6 Book Club

If you love to read, this club's for you! Books provided.

Thu Oct 17 | 6:30-7:30pm | CENTRAL

Tue Oct 29 | 6-7pm | TANSLEY WOODS

Wed Oct 30 | 7-8pm | ALTON

R Grade 7 & 8 Book Club

Share your thoughts and opinions with other readers at our monthly meetings. Books provided.

Thu Oct 24 | 6-7pm | TANSLEY WOODS

Thu Oct 24 | 7-8pm | ALTON

Book Bites

A monthly drop-in meetup just for teens! Tell us about a book you've recently read and hear about what others are reading. There's always something new to discover!

Wed Oct 16 | 7-8pm | TANSLEY WOODS

Mon Oct 21 | 3-3:45pm | ALTON

Tue Oct 29 | 7-8pm | CENTRAL

Science & More

R Story Scientists

We share a great story together and then bring the book to life through a hands-on activity. Ages 6 to 9.

Tuesdays, Oct 1-22 | 5:30-6:15pm | BRANT HILLS

Tuesdays, Oct 8-29 | 6:30-7:15pm | CENTRAL

Tech Petting Zoo

Play – Learn – Explore! Try out our Snap Circuits, Little Bits, Cubelets and more. All ages are welcome.

Tuesdays, Oct 1 & 15 | 6-7pm | TANSLEY WOODS

Family STEAM Time

Explore opportunities to design, invent, and create together.

Thursdays, Oct 3-31 | 2-3pm | BRANT HILLS

Saturdays, Oct 5-26 | 1-3pm | BRANT HILLS

Sundays, Oct 6-27 | 10:30-11:30am | TANSLEY WOODS

Sundays | 1-3pm | ALDERSHOT

Sundays | 2-4pm | ALTON

R STEAM Starts with Science

Hands-on fun for ages 6-9.

Thursdays, Oct 3-31 | 4-5pm | ALTON

Thursdays, Oct 3-24 | 4-5pm | NEW APPLEBY

Mondays Oct 7, 21, & 28 | 4-4:45pm | ALDERSHOT

R Good Debt versus Bad Debt

Get savvy about spending and gain an understanding of how to manage debt responsibly. Ages 13-18.

Thu Oct 3 | 7-8pm | VIRTUAL

R Family Coding Foundations

Curious about coding? Children ages 6-9 and their adult caregivers participate together in this 4-week series.

Wednesdays, Oct 9-30 | 6:30-7:30pm | ALTON

PA DAY FUN


Fri Oct 11 | 1-3pm

ALL BRANCHES

Explore the **animal kingdom** through games, scavenger hunts, and more.



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GUIDE

OCT 2024 KIDS & TEENS



BURLINGTON
Public
Library

> *Science & More continued*

R **STEM: Sticky Science**

Make your own glue and create your own sticky art. And of course, there will be silly putty! Geared to ages 4 to 12.
Thu Oct 17 | 4-5pm | VIRTUAL

R **Entrepreneurship for Teens**

Are you a teen with big ideas and the drive to make them a reality? Ignite your creative spirit with this workshop.
Thu Oct 17 | 6-7pm | VIRTUAL

R **Teen Toastmasters**

Do you get nervous presenting in public? Learn the crafts of public speaking and leadership. Ages 13-19.
Tuesdays, Oct 22-Dec 10 | 7-8pm | ALTON

OPEN HOURS

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY

Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm

Sun | 12pm - 5pm

CENTRAL & TANSLEY WOODS

Mon - Thu | 9am - 9pm

Fri - Sun | 9am - 5pm

KILBRIDE

Tue & Thu | 5pm - 8pm

Sat | 9am - 2pm

Program calendar
and registration



Drop-in Programs for Babies & Preschoolers

Mondays

Baby Rhyme Time 10:30-11am CENTRAL
Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am TANSLEY WOODS
Tales for Toddlers 10:30-11am BRANT HILLS
Mother Goose & Baby Play and Chat 1:30-3:30pm ALTON

Tuesdays

Family Storytime 10:30-11am NEW APPLEBY
Tales for Toddlers 10:30-11am ALDERSHOT
Tales for Toddlers 10:30-11am ALTON
Mini Movement 10:30-11:30am TANSLEY WOODS
Mini Movement 11:30am-12:30pm ALDERSHOT
PJ Storytime 6:30-7pm ALTON

Wednesdays

Mini Playdate 9-11:30am NEW APPLEBY
Baby Rhyme Time 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS
Family Storytime 10:30-11am TANSLEY WOODS
Tales for Toddlers 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am NEW APPLEBY
PJ Storytime 6-6:30pm TANSLEY WOODS
PJ Storytime 6:30-7pm BRANT HILLS
PJ Storytime 6:30-7pm CENTRAL

Thursdays

Baby Rhyme Time 10:30-11am BRANT HILLS
Baby Rhyme Time 10:30-11am TANSLEY WOODS
Family Storytime 10:30-11am CENTRAL
Mini Letters 10:30-11:30am ALTON
Music & Rhythm Storytime 10:30-11am NEW APPLEBY
Mother Goose & Baby Play and Chat 1:30-3:30pm NEW APPLEBY

Fridays

Mini Tinker Time 9-11:30am NEW APPLEBY
Family Storytime 10:30-11am ALDERSHOT
Music & Rhythm Storytime 10:30-11am BRANT HILLS
Music & Rhythm Storytime 10:30-11am CENTRAL
Tales for Toddlers 10:30-11am ALTON
Tales for Toddlers 10:30-11am NEW APPLEBY
Tales for Toddlers 10:30-11am TANSLEY WOODS

Saturdays

Mini Tinker Time 9-11:30am NEW APPLEBY
Family Storytime 10:30-11am ALTON
Family Storytime 10:30-11am BRANT HILLS
Family Storytime 10:30-11am CENTRAL
Family Storytime 10:30-11am NEW APPLEBY
Family Storytime 10:30-11am TANSLEY WOODS

Program descriptions: www.bpl.on.ca/parents/storytime

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