# GUIDE

## Arts & Literature

#### Afternoon at the Movies

Tuesdays | 1:30-3:30pm | CENTRAL Feb 4 - The United States vs. Billie Holiday | Feb 11 - The Color Purple | Feb 18 - Brother | Feb 24 - Daniel's Gotta Die

#### R Joy of Community Sports

Perry King's book *Rebound* explores the role of community sports in diverse urban centres, presenting a compelling roadmap for re-imagining neighbourhoods. A Black History Month special event. Sun Feb 9 | 2-3pm | CENTRAL



**FEB 2025** 

**ADULTS** 

#### R BPL Book Club

Discover new books and make friends! **bpl.on.ca/bookclub** Tue Feb 18 | 2-3pm | ALDERSHOT Wed Feb 19 | 11am-12pm | CENTRAL Thu Feb 20 | 7-8pm | TANSLEY WOODS Mon Feb 24 | 7-8pm | ALTON Tue Feb 25 | 2-3pm | BRANT HILLS Tue Feb 25 | 2-3pm | NEW APPLEBY

#### R Lucia di Lammermoor

Southern Ontario Lyric Opera Artistic Director Sabatino Vacca examines the themes and music of this opera classic. Tue Feb 18 | 7-8pm | CENTRAL

### R Inner Balance with Flute Music & Meditation

Relax and unwind with soothing sounds of the Bansuri. Tue Feb 25 | 7-8pm | CENTRAL

**BPL Reading Challenge Meet-up** Explore the read less travelled! Connect with other readers and chat about books. Thu Feb 27 | 7-8pm | BRANT HILLS

Sign-up to participate in the 2025 Reading Challenge at **bpl.on.ca/ReadingChallenge** 

## Lifestyle & Education

#### R Sit to be Fit

Increase your strength, balance, flexibility and endurance. Mon Feb 3, 10 & 24 - | 11:15am-12pm | TANSLEY WOODS Thursdays, Feb 6-27 | 1-1:45pm | TANSLEY WOODS

BUBLINGTO

Librar

#### **Newcomer Conversation Circle**

Build speaking confidence and social connections in a relaxed and friendly atmosphere. Mondays | 6:30-7:30pm | ALTON \**Cancelled Feb* 17

#### R Computer Classes | All at CENTRAL

Google Apps Basics - Tue Feb 4-25 | 2-3:30pm MS Word I - Thu Feb 6 | 2-3:30pm MS Word II - Thu Feb 13 | 2-3:30pm MS Word III - Thu Feb 20 | 2-3:30pm

#### R iPad Boot Camp

Learn how to get the most from your Apple device. Tue Feb 4 & 11 | 2-3:30pm | BRANT HILLS

**R** MakerSpace Programs | All at CENTRAL Embroidery Machine 101 - Tue Feb 4 | 7-8:30pm 3D Design with Tinkercad - Wed Feb 12 | 7-8:30pm Intro to Laser Cutting - Wed Feb 26 | 7-8pm

#### Just Breathe Drop-in

Slow down, practice self-acceptance, and let go of stress. Thursdays, Feb 6-27 | 10:30am-12pm | CENTRAL

#### R Chair Yoga

Build strength and flexibility. No mat required. 18+ Sat Feb 8 & 22 | 1:30-2:30pm | NEW APPLEBY Tue Feb 11 | 1:30-2:30pm | ALDERSHOT

#### R MIND Diet for a Healthy Brain

Find out what foods to eat and which to avoid for better brain health at any age with the MIND Diet. Mon Feb 10 | 1:30-2:30pm | ALDERSHOT



## GUIDE



>Lifestyle & Education continued

#### R Intro to eBooks

Download FREE digital books and audiobooks from our collection with your library card. Mon Feb 10 | 1:30-3pm | NEW APPLEBY

#### R Intro to Burlington Digital Archive

Learn how you can search for, view, and download historical images, maps, clippings, scrapbooks and more. Tue Feb 11 | 6-7pm | TANSLEY WOODS Wed Feb 19 | 1:30-2:30pm | NEW APPLEBY

#### Canadian Citizenship Test: Get Ready

Practice taking the test and learn about citizenship. Thu Feb 13 | 5:30-7:30pm | TANSLEY WOODS

#### R Intro to eResources

This introductory course will teach you how to get started with Libby, Press Reader, CBC Corner, Hoopla, Kanopy, Linked In Learning, and Mango Languages. Tue Feb 18 | 1:30-2:30pm | ALTON

#### H.O.B. Maker Meetup

Come out and mingle with fellow makers from Hamilton, Oakville, and Burlington. Share your project ideas, find collaborators, and be inspired. Tue Feb 18 | 7-8:30pm | CENTRAL

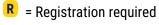
## FREE...with your library card!

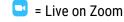
### THE GLOBE AND MAIL\*



Access full-page reproductions of the complete Globe and Mail newspaper from its inception in 1844 until 2019, including every news story, photograph, map, advertisement, classified advertisement, political cartoon, birth, marriage and death notices and letters to the editor!

#### Get started at bpl.on.ca/RESOURCES





Accurate as of Jan 13 | Registration opens Wed Jan 15 at 12pm

#### R Just Walk

**FEB 2025** 

**ADULTS** 

Get out, get active, and enjoy all the benefits that come from walking! This session is led by Physiotherapist Amanda Baxter. First, learn what a tendon is, what a tendon injury might look like, and how to prevent one. Enjoy the rest of the hour with a healthy walk. Wed Feb 19 | 10-11am | CENTRAL



#### 🤻 🔄 Search Engine Apps & Al Research Tools

Unlock the internet's full potential by mastering search engines and harnessing the power of AI research tools. A Tech Talk with Chris Bint. Mon Feb 24 | 12:30-1:30pm | VIRTUAL

#### R Stroke Prevention

An informational session on stroke primary prevention. Discover how exercise and managing cardiovascular risk factors can significantly lower your risk, with practical strategies to help you adopt a healthier lifestyle. Wed Feb 26 | 1:30-2:30pm | TANSLEY WOODS

## **OPEN HOURS**

ALDERSHOT, ALTON, BRANT HILLS & NEW APPLEBY Mon - Thu | 9am - 9pm

Fri & Sat | 9am - 5pm Sun | 12pm - 5pm

Program calendar and registration

**CENTRAL & TANSLEY WOODS** Mon - Thu | 9am - 9pm Fri - Sun | 9am - 5pm

**KILBRIDE** Tue & Thu | 5pm - 8pm Sat | 9am - 2pm



Contact us: 905.639.3611 Program registration & updates: www.bpl.on.ca/events

## GUIDE FEB 2025 KIDS & TEENS

### Arts & Literature

#### Relax, Listen & Draw Drop-In

Sit back and relax as a librarian reads aloud some great stories geared to kids in grades 1-3. Supplies are available for those who like to colour and draw when listening.

Sat Feb 1 & 15 | 2-3pm | CENTRAL

#### **R** Tales by Moonlight

Experience the vibrant rhythms and rich traditions of African culture with Babarinde Williams. An exciting celebration of storytelling, dance, and hand drumming. Audience participation is encouraged! All ages. Sat Feb 8 | 2-3pm | CENTRAL



## Science & More

#### **Family STEAM Time**

Explore opportunities to design, invent, create, and re-imagine together as a family through loose parts play. All ages welcome. Sat Feb 1-22 | 1-3pm | BRANT HILLS Sun Feb 2-23 | 10:30-11:30am | TANSLEY WOODS Sun Feb 2-23 | 1-3pm | ALDERSHOT

Tue Feb 4 & 11 | 4-5pm | NEW APPLEBY

#### **R** Story Scientists

We share a great story together and then bring the book to life through a hands-on activity. Ages 6 to 9. Mon Feb 3, 10 & 24 | 6:30-7:15pm | BRANT HILLS Thu Feb 6-27 | 4:15-5pm | NEW APPLEBY

#### **Tech Petting Zoo**

Play – Learn – Explore! Try out our Snap Circuits, Little Bits, Cubelets and more. All ages are welcome. Tue Feb 4 & 18 | 6-7pm | TANSLEY WOODS

#### R STEAM Starts with Science

Hands-on fun exploring science, technology, engineering, art, and math. Ages 6-9 Tue Feb 4-25 | 6:30-7:30pm | CENTRAL Thu Feb 6-27 | 4-5pm | ALTON

#### R Family Coding Foundations

Curious about coding? Learn the fundamental skills through games, challenges, and puzzles, both techbased and screen-free. Children ages 6-9 and their adult caregivers participate together in this 4-week series. Wed Feb 5-26 | 6:30-7:30pm | ALTON

#### R Nintendo Switch Hangout

Show off your skills, cheer on your friends, and become the next champion. Ages 8+ Sat Feb 8 | 1:30-2:30pm & 3-4pm | ALDERSHOT

#### **Find Your Vision**

Do you have a goal in life you are looking to fulfill? Come to our drop-in program and create your own vision board to help you envision your best life. Sat Feb 8 | 2-3pm | ALTON

#### R Hour of Code

Learn the basics of coding through a fun step-by-step process perfect for beginners. Ages 9-12 Tue Feb 18 & 25 | 4-5pm | NEW APPLEBY

## PA DAY FUN

Bring the whole family! Have fun celebrating Black History Month with games, scavenger hunts, books, and more. All ages.



Fri Feb 14 | 1-3 | ALL BRANCHES

## GUIDE FEB 2025 KIDS & TEENS

## **Drop-in Programs for Babies & Preschoolers**

Mondays \*All branches CLOSED Feb 17 Mother Goose & Baby Play and Chat 9:30-11:30am ALDERSHOT Baby Rhyme Time 10:30-11am CENTRAL Family Storytime 10:30-11am ALTON

Family Storytime 10:30-11am TANSLEY WOODS Tales for Toddlers 10:30-11am BRANT HILLS Mother Goose & Baby Play and Chat 1:30-3:30pm ALTON

#### Tuesdays

Family Storytime 10:30-11am NEW APPLEBY Tales for Toddlers 10:30-11am ALDERSHOT Tales for Toddlers 10:30-11am ALTON Mini Math 10:30-11:30am TANSLEY WOODS Mini Letters 11:30am-1:30pm ALDERSHOT Mother Goose 11:30am-12:30pm BRANT HILLS \*Cancelled Feb 25 PJ Storytime 6:30-7pm ALTON

#### Wednesdays

Mini Movement 9-11:30am NEW APPLEBY Baby Rhyme Time 10:30-11am ALTON Family Storytime 10:30-11am BRANT HILLS Family Storytime 10:30-11am TANSLEY WOODS Tales for Toddlers 10:30-11am CENTRAL Tales for Toddlers 10:30-11am NEW APPLEBY PJ Storytime 6-6:30pm TANSLEY WOODS PJ Storytime 6:30-7pm BRANT HILLS PJ Storytime 6:30-7pm CENTRAL

#### Thursdays

Baby Rhyme Time 10:30-11am BRANT HILLS Baby Rhyme Time 10:30-11am TANSLEY WOODS Family Storytime 10:30-11am CENTRAL Mini Movement 10:30-11:30am ALTON *\*Cancelled Feb 27* Music & Rhythm Storytime 10:30-11am NEW APPLEBY Mother Goose & Baby Play and Chat 1:30-3:30pm NEW APPLEBY

#### Fridays

Mini Playdate 9-11:30am NEW APPLEBY Music & Rhythm Storytime 10:30-11am BRANT HILLS Music & Rhythm Storytime 10:30-11am CENTRAL Tales for Toddlers 10:30-11am ALTON Tales for Toddlers 10:30-11am NEW APPLEBY Tales for Toddlers 10:30-11am TANSLEY WOODS

#### Saturdays

Mini Playdate 9-11:30am NEW APPLEBY Family Storytime 10:30-11am ALTON Family Storytime 10:30-11am BRANT HILLS Family Storytime 10:30-11am CENTRAL Family Storytime 10:30-11am NEW APPLEBY Family Storytime 10:30-11am TANSLEY WOODS

Find program descriptions and resources for parents & caregivers at **www.bpl.on.ca/parents** 

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CENTRAL & TANSLEY WOODS Mon - Thu | 9am - 9pm Fri - Sun | 9am - 5pm

KILBRIDE Tue & Thu | 5pm - 8pm Program calendar and registration